

# PADDLE INDIA

*Live the adventure in you...*

## OVERNIGHT CAMPING & RAFTING CHECKLIST

**Please do not carry unnecessary extra stuff. Travel Light.**

# River Faishon



Quick dry t-shirts  
full or half sleeves  
(Lycra or polyester)  
(avoid Cotton)



Waterbottle



Waterproof  
Sun screen



Sports Shoes



Quick Dry Shorts  
(Avoid Cotton)



Sunglass with chums  
(optional)



Wide brimmed hat or Sun Hat



Chacos or Sandals  
with high quality  
straps

# Evening Camp Stuff



Fleece or  
Sweat Shirt



Quick Dry Towel



Day Pack( 20 -30 ltrs) Please  
do not carry any Suitcases



Trainers  
with  
socks



Light weight  
Trousers



T shirts or  
Shirts



Toiletries



Woollen Hat  
especially in  
Winters



Flip flops



Light weight  
Jacket  
especially in  
Winters



Hand Torch extra battery

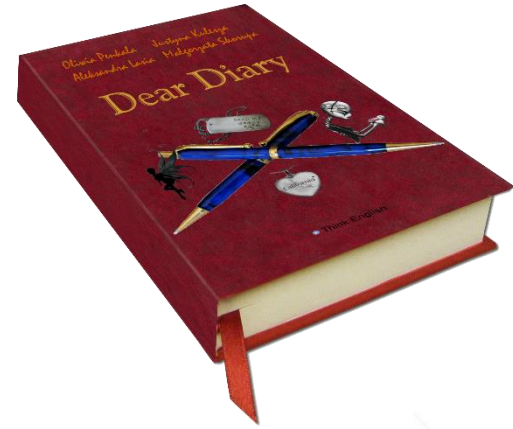


Insect Repellent



Go Pro or Action Cams

## Other Accessories (Optional)



Journal or a Book to Read



Cameras



Swiss knife



Personal First Aid Kit with  
Personal Medications



Contact Lenses/  
Glasses



Ipod